



KAISER PERMANENTE

710 Lawrence Expressway
2nd Floor, Dept 240
Santa Clara, Ca 95051
408 851-2760

INSTRUCTIONS FOR UPPER EUS (Endoscopic Ultrasound)

Your appointment is with

Dr. _____ on _____ at _____

in Out Patient Procedure Center, **Dept 240** on the **2nd floor GREEN AREA** .

Please arrive **60 MINUTES** prior to your appointment and register here.

This procedure is scheduled for 2-3 hours. You will be given a sedative (versed) and a pain relief (fentanyl) by intravenous (I.V.) injection. Therefore, after the procedure you will be drowsy, and will need a driver to take you home. Your driver must be present at the start of your procedure.

ONLY IF YOU ARE CURRENTLY TAKING COUMADIN YOU'LL NEED TO STOP IT 5 DAYS PRIOR TO YOUR EXAM. IF YOU HAVE ANY QUESTIONS CALL (408) 851-3939.

Seven (7) days before your appointment you should not take any baby aspirin or nonsteroidal anti-inflammatory drugs (such as Motrin, Advil, Aleve, Naprosyn, Nuprin, Plavix etc). Tylenol/ acetaminophen is O.K. **ALL PATIENTS ON BLOOD PRESSURE MEDICATIONS SHOULD CONTINUE TAKING THEM.**

Call your doctor if you have any questions about other medications including blood pressure, Coumadin needs to be stopped 5 days before exam. (warfarin), insulin or diuretics/water pills.

**Diabetics should reduce their insulin as instructed by their doctor.

****Please bring a list of medications that you are currently on.**

DO NOT EAT OR DRINK ANYTHING (INCLUDING WATER) 6 HOURS BEFORE YOUR APPOINTMENT. You may start eating after the procedure is over. It is recommended that you start with a light meal (soup, broth, cereal, etc.) and gradually return to your regular diet.

If you have any questions, need to cancel or reschedule your appointment, please call (408) 851-2760. Office hours are from 9 a.m. to 5 p.m.

If you can't keep your appointment, please call no later than 4 days prior to your exam so that we may offer your time to other patients that are on our waiting list.