



Department of Gastroenterology
710 Lawrence Expressway
2nd Floor, Dept 240
Santa Clara, Ca 95051
(408) 851-2760

INSTRUCTIONS FOR MOTILITY TEST

DATE: _____

TIME: _____

PLACE: Out Patient Procedure Center
Dept 240 on the 2nd Floor **Green Area**

Dr. Steck will be the one who does the test.

1. This test will take 30 minutes. It involves passing a skinny tube down the nose into your stomach.
2. **Nothing by mouth (no eating or drinking) for 6 hours prior to your test.**
3. You will not be sedated so no driver is necessary.
4. The following medications need to be held for 24 hours prior to your test:

Calan (verapamil)

Cardizem (diltiazem)

Procardia (nifedipine)

As well as any calcium channel blockers – Reglan (metoclopramide)

Cisapride (propulsid)

Isordil (isosorbide)

Nitroglycerin



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INSTRUCTIONS FOR 24-HOUR PH TEST

DATE: _____

TIME: _____

PLACE: Out Patient Procedure Center
Dept 240 on the 2nd Floor **GREEN AREA**

Dr. Steck will be performing the exam.

This test requires you to make two trips to the hospital. The first one to place the probe. The second one is to remove the probe. You wear the probe for 24 hours.

- 1. Nothing by mouth (no eating or drinking) for 6 hours prior to your test.**
2. Please stop Prilosec (omeprazole) or protonix for five (5) days prior to the test.
3. Please do not take Tagamet (cimetidine) or Zantac (ranitidine) for 24 hours prior to the test.
4. You can take antacids such as Tums, Roloids, or Maalox up to the day of the test.
- 5. Occasionally, Dr. Steck will do a test on patients and have them remain on their medications. Dr. Steck will give you instructions on whether this applies to your case.**
6. The probe will be taped to your cheek. It will be up to the patient to decide if you can work or not.