



Dept of Nuclear Medicine
Kaiser - Santa Clara
900 Kiely Boulevard
Santa Clara, CA 95051
(408) 236-5274

BONE MINERAL DENSITY (DEXA Scan)

Your physician requests that you have a Bone Mineral Density test (also called a “DEXA” scan). This is a non-invasive diagnostic test that evaluates your bone mass to see if you are at risk for fractures due to osteoporosis.

To prepare for your exam, please note the following:

- The DEXA scan takes **only 15 minutes** and will be scheduled at Kaiser **Santa Clara** in the **Nuclear Medicine Dept., 1st Floor of the Santa Clara Main Hospital.**
- Do **NOT** take any calcium tablets for 24 hours before the test.
- Do **NOT** schedule this test on the same week, if you are scheduled to have an X-ray in Radiology where you have been given oral or IV contrast material.
- Please arrive a few minutes early and wear comfortable clothing (preferably without zippers or metal around waist area).

To cancel or reschedule your exam

Please call us *between 10am - 5pm Mon - Fri* at **(408) 236-5274**. If the line is busy, please leave a message stating you would like to cancel/reschedule a "DEXA" scan and include:

- Your name
- Medical record number
- A telephone number with best time to call you
- Appointment time preferences. We are available
Mon-Fri (8:00am-12:00pm or 1:30pm-4:30pm)

We will call you back and do our best to accommodate your schedule.

Thank you.

Margaret Maclean

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